About Able ARTS Work

Able ARTS Work, formerly known as Arts & Services for Disabled provides education and life-skills coaching to children, adolescents and adults with developmental disabilities using pioneering, evidencebased therapeutic techniques that employ the full spectrum of the Creative Arts: Visual Art (painting, drawing, sculpture, ceramics, textiles), Music (singing, playing instruments, rhythm and drumming), Drama (acting, play-writing, puppetry, radio broadcasting, filmmaking), Literature (story-telling, poetry), and a variety of other creative disciplines. Founded in 1982, Able ARTS Work is a 501(c)(3) non-profit organization.

Human beings learn best and grow when we feel loved, secure, safe and accepted. Our goal at Able ARTS Work is to encourage our students to reach for personal growth through artistic expression, knowing that they are appreciated and valued, and that they have something unique to contribute to the community.

Able ARTS Work and its professional staff are here to facilitate and guide that exploration.

For three decades, Able ARTS Work has been the Go-To place for Creative Arts interventions for individuals with Down, Rhett and Fragile-X Syndromes, Autism, Cerebral Palsy, Epilepsy and Seizure Disorder, and a host of related developmental disabilities

For more information about The Creative Health & Wellness Clinic and/or The Mobile Arts Program, **Please Contact:**

Sheryl Doering, MTFI/ATClinical Programs Coordinator 562-982-0247 / sdoering@ableartswork.org

The Creative Health & Wellness Clinic **About the Sessions**



Complimentary First Consultation Coping Skills Utilizing Expressive Arts 30-45 Minute Sessions

Academic Reinforcement

Individual or Group Sessions

Peer, Sibling & Family Sessions

Arts IN Therapy • Arts AS Therapy

Social/Emotional Sessions

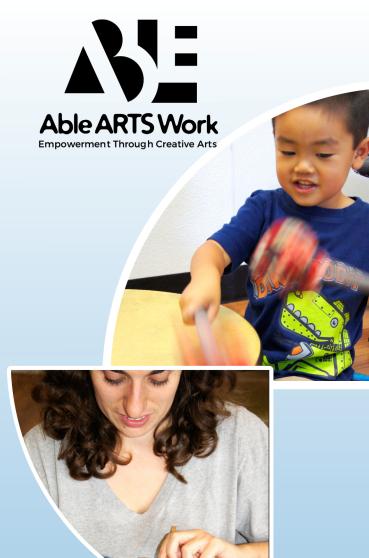
We believe that each child is unique and has an innate preference in how they access and achieve their own learning needs. Your child will learn best when treated with dignity and respect for his or her learning style. The Creative Health & Wellness Clinic offers a research- and evidence-based approach which combines two learning paradigms and is grounded in our universal "Love Before Learning" philosophy that respects the choices of the individual. We work with your child to discover which artistic paradigm suits him or her best.

Music AS Therapy utilizes the arts as a tool to provide guided artistic experiences that result in the acquisition of new skills, associations and capacities, which leads both to increased learning and abilities and to the self esteem that grows from successful accomplishments.

Music IN Therapy elicits self-expression, personality, character and communication by engaging your student in an artistic process that allows him or her to grow and develop their full potential as an individual through exploring their own creativity.

Seeking and enabling the personal "Peak Performance" of each student is the ultimate goal of The Creative Health & Wellness Clinic programs. Our highlyqualified, friendly and experienced Clinic professionals focus closely on the individual needs and personality of your child, drawing on the clinical approach that will best help them achieve their full personal potential.

www.ableartswork.org



The Creative Health & Wellness Clinic and The Mobile Arts Program

Creative Arts Therapy Services for Children and Adults, Serving the community since 1982

About The Creative Health & Wellness Clinic

At Able ARTS Work, we know that families with individuals with disabilities often face the challenge of locating specialized services in the community to meet their loved ones' needs and that mainstream service venues (school systems, medical settings, psychological professionals) rarely offer programs for these unique challenges. The Creative Health & Wellness Clinic specifically addresses these needs through our distinctive approach, Creative Arts IN Therapy & Creative Arts AS Therapy, which employs creative arts therapies to reach and teach individuals with disabilities, working with them through play and music to achieve their non-musical goals. The Able ARTS Work Clinic is founded on the theories and principles of A.H. Maslow and Able ARTS Work core belief of "Love Before Learning."

" Music Makes You Feel Thought."

Dr. Clive Robbins, Founding Director of The Nordoff-Robbins Center for Music Therapy, USA Co-Originator of Creative Music Therapy





The Creative Health & Wellness Clinic is an outpatient treatment program for children and adolescents with various disabilities.

We provide services for:

Autism Spectrum Disorder
Cerebral Palsy
Intellectual Disabilities
Developmental Disabilities
Acquired Brain Injuries
Neurodegenerative Disorders
Physical Injuries

Our sessions address:

IEP Goals & Objectives Communication Skills Speech & Language Skills Early Intervention Cognitive Impairments Social/Emotional Skills Support Daily Living & Functional Skills Other Socio-Emotional Disorders

*The Creative Health & Wellness Clinic may provide additional modalities to enhance your child's learning.

The Mobile Arts Program

Provides quality in-home creative arts therapy and education including any of the following:

- Music Therapy
- Art Therapy
- Art and Music Instruction
- Drama and Improvisation
- Group Social-Emotional Skills

"Music therapy touches people in a unique way...it affects the body, mind & soul."

Petra Ablaza
Parent, Educator and
Music Therapist



The Mobile Arts Program provides in-home creative arts therapies for individuals temporarily unable to attend their day program, illness, or injury and for individuals who are not currently enrolled in a day program and are seeking quality of life and therapeutic services. The Mobile Arts Program offers services in music, art and drama therapy or creative arts instruction. Sessions are tailored to meet the individual needs and goals of the individual. Services include therapeutic assessment, evaluation and skills development.