



Children's Hospital—Minneapolis
2525 Chicago Avenue South
Minneapolis, MN 55404

Children's Hospital—St. Paul
345 North Smith Avenue
St. Paul, MN 55102

Children's Minnesota Music Therapy Internship Fact Sheet

About Children's

Serving as Minnesota's children's hospital since 1924, Children's Hospitals and Clinics of Minnesota is one of the largest pediatric health care organizations in the United States, with 432 staffed beds at its two hospitals in St. Paul and Minneapolis. An independent, not-for-profit health care system, Children's Minnesota provides care through more than 13,000 inpatient visits and more than 200,000 emergency room and other outpatient visits every year. Children's is the only Minnesota hospital system to provide comprehensive care exclusively to children.

Music therapists at Children's Minnesota work with patients in both individual and group settings. Services are primarily provided in the inpatient setting while children are hospitalized and may include siblings or other family members. Weekly music therapy groups are held on several of the units.

Children's Minnesota has hospital campuses in both Minneapolis and St. Paul. The Minneapolis campus includes Hematology/Oncology, Cardiovascular Critical Care, Neonatal Intensive Care (NICU), Pediatric Intensive Care (PICU), and Medical/Surgical units. The St. Paul campus includes Epilepsy/Neurology, Center for the Treatment of Eating Disorders, Medical/Surgical, NICU, and PICU units. Age range of patients on both campuses is from birth to young adult.

Internship Director/Supervisors

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Internship Experience

Interns can expect to have a diverse and fulfilling experience at Children's and will include:

- 40 hours per week, Monday-Friday, 8:00-4:30; occasional evening/weekend commitments; time is split between Minneapolis & St. Paul hospital campuses. Approximate time spent with each supervisor is as follows:
 - Kayla Shafer: 16 hours per week
 - Erinn Frees: 12 hours per week
 - Sarah Woolever: 12 hours per week
- Opportunities to receive feedback and supervision from board-certified music therapists and other health care professionals
- Opportunities to collaborate with a multidisciplinary medical team in rounds, care conferences, co-treatment sessions, and committees
- Opportunities to observe, co-lead, and lead individual, family, and group music therapy sessions

- Opportunities to be an active participant at Child Life/Music Therapy special events, educational presentations, and meetings
- Interns will eventually be responsible for their own schedule and caseloads during the leadership portion of the internship
- During leadership portion, interns will lead up to four groups a week (3-8 group members)
- Interns will present an in-service to unit staff on one hospital campus
- Interns will complete a comprehensive final project of their choice that contributes to the MT team at Children's or future interns' learning

Internship Provisions & Benefits

- **Hours and Schedule:** The six-month, full-time internship is scheduled from 8:00-4:30, Monday-Friday, with occasional evening and weekend commitments. Interns may take up to 5 days (40 hours) of time off in addition to holidays. Interns are **not** expected to work the following holidays: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, and Christmas Day.
- **Communications Technology:** Interns will be provided with an internal email address, laptop, iPad, and alpha pager. Access to these benefits is available both on- and off-site. Laptop use is strictly for work related purposes; specific guidelines will be outlined.
- **Music Therapy Equipment:** Keyboards, guitar, percussion instruments, technology, and music library are available for intern use. Interns are not expected to use their personal instruments.
- **Children's Library Access:** Interns may use the hospital's medical library for resources and literature searches.
- **Liability/Health Insurance:** Interns are required to carry their own health insurance and professional liability insurance for up to \$1,000,000 per claim, or must be covered by a University policy.
- **Dress Code:** Business casual attire is expected. See attached.
- **Housing:** Children's does not provide housing options for students.
- **Meals:** Children's does not provide meals for students; discounted cafeteria and café options are available for purchase on both campuses.
- **Transportation/Parking:** Children's Minnesota hospitals are easily accessible by public transportation. Traveling between campuses during a shift is not expected. Discounted ramp parking is available on both campuses; free street parking is available.
- **Stipend:** There is no stipend offered for this internship experience.

Entry Level Requirements/Competencies

Music therapy interns must be able to meet the following entry level competencies:

- Completed music therapy coursework as designated by your educational institution
- Proficiency on guitar: ability to play I, IV, V chords in three keys
- Proficiency on piano: ability to play I, IV, V chords in three keys on left hand and melody in right hand
- Proficient vocal skills: ability to sing in tune with pleasing tone quality in range appropriate for clients' participation
- Willingness to learn a variety of musical styles and to work with people of different cultures and religious beliefs
- Effective communication and listening skills
- Effective organization and prioritization skills
- Interest in and ability to work with sensitive populations in a mature and professional way

Physical Requirements:

- See attached "Health Requirements for Students" document

Professional Development

Music therapy interns will have many opportunities for professional development at Children's, including:

- Attending professional development sessions led by Children's staff members
- Attending sessions, seminars, and talks for all Children's employees
- Up to 24 hours of internship time is offered for attendance at off-site professional development opportunities related to the internship
- Attending weekly Grand Rounds, led by Medical staff on a variety of topics
- Attending quarterly Schwartz Rounds on a variety of ethical and moral distress topics
- Membership of a variety of Employee Engagement/Resource groups; free to students and employees

Professional Staff & Training Programs

During your internship, you will have contact with many other health care providers and professional staff, including but not limited to:

- Medical Doctors & Nurse Practitioners
- Registered Nurses
- Certified Child Life Specialists/Child Life Associates
- PTs, OTs, SLPs
- Social Workers
- Chaplains
- Psychologists
- Registered Dietitians
- Respiratory Therapists
- Massage Therapists
- Clinical Support Assistants
- Volunteers

Other on-site educational programs offered at Children's include:

- Medical students, residents, fellows, and interns
- Undergraduate and graduate nursing student rotations
- Physical therapy student rotations
- Pharmacy residency
- Child Life internship
- Psychology internship
- Social Work internship

Application/Evaluation Process

1. Completed application (late applications will not be accepted)
2. Resume
3. Transcript (unofficial is acceptable)
4. Letter of eligibility/recommendation from music therapy director
5. Two letters of recommendation from other professors or supervisors
6. Video recording (web link is acceptable):
 - a. Two selections with voice/piano; Verse-Chorus; Describe how you would use these songs in a music therapy session
 - b. Two selections with voice/guitar; Verse-Chorus; Describe how you would use these songs in a music therapy session
7. Music therapy session plan for the following patients:
 - a. 13 year old female with spina bifida and is very anxious about procedures and meeting new people; referral from a nurse for "emotional support and to encourage participation in other therapies"
 - b. 2 year old male, typical development, inpatient for extended oncology treatment; referral from Child Life Specialist for "coping with hospital environment"
8. Please answer the following questions:
 - a. What specific skills and experiences do you have that will benefit patients and families? (500 words)
 - b. Describe your musical background and skills, including any skills you need to develop. (250 words)
 - c. Describe your therapeutic skills, including any skills you need to develop. (250 words)

EMAIL THE ABOVE MATERIALS TO: Kayla.shafer@childrensmn.org

Applicants will be evaluated using the following process:

- Full application review
- On-site interview with MT team for selected applicants (Video accommodations can be made for long distance applicants)
- Live audition on voice, guitar, and piano

If accepted, additional requirements and processes are implemented:

- Current DHS background check to be paid for by academic institution or intern
- Immunization record (see attached Health Requirements document)

- Memorandum of Agreement (Legal Affiliation) between academic institution and Children's: This process **MUST** be initiated immediately upon acceptance. Start date is contingent upon successful completion of this document.
- See complete process at <https://www.childrensmn.org/for-health-professionals/education/allied-nursing-graduate-ed/>



At Children's our mission is: We champion the health needs of children and families. We are committed to improving children's health by providing the highest-quality, family-centered care, advanced through research and education.